



ANTIPASTI

FRESH BAKED BAGUETTE with house-made garlic butter - half 6 full 9

GARLIC CROSTINI with Parmesan 9

GARLIC BREAD WITH MOZZARELLA 12

BRUSCHETTA toasted garlic crostini, tomato bruschetta topping, Parmesan cheese, balsamic reduction 12

BAKED TRIPLE CREAM BRIE WHEEL with roasted garlic, toasted almonds, seasonal preserves, garlic crostini 19

VEGETARIAN SPRING ROLLS handmade, served with house sweet chili dipping sauce 10

SHRIMP SCAMPI jumbo shrimp sautéed in white wine and garlic butter 16

CALAMARI FRITTI delicately seasoned, flash fried, served with garlic aioli 18

STEAMED MUSSELS in a tomato, wine and herb broth 18

LOBSTER-FILLED RAVIOLI served in a creamy lobster reduction 18

STUFFED CREMINI MUSHROOMS filled with crab, cream cheese and fresh herbs on field greens drizzled with balsamic vinaigrette 16

WONTON SHRIMP flash fried and served with house sweet chili dipping sauce 12

SALADS

HOUSE SALAD mixed greens, tomato, cucumber, shredded carrot, house vinaigrette 12

CAESAR bacon, herb croutons, grated Parmesan 12

GREEK SALAD mixed greens, Kalamata olives, tomato, cucumber, red onions, feta cheese, red wine vinaigrette 14

TOMATO CUCUMBER SALAD feta cheese, red onions, Kalamata olives and Italian vinaigrette 14

PEAR SALAD field greens, red peppers, premium blue cheese, caramelized pecans and fresh pear slices with Champagne vinaigrette 18

APPLE CRANBERRY CHICKEN SALAD grilled chicken, bacon, almonds, gorgonzola cheese, apples and dried cranberries over field greens, apricot balsamic vinaigrette 22

SALMON SALAD warm grilled salmon, baby greens and spinach, avocado, red pepper, cucumber, red onion with house vinaigrette 24

SIDE OF GARLIC AIOLI OR MARINARA SAUCE 3

ADD TO ANY PASTA OR SALAD
CHICKEN 6
GRILLED SALMON 7
SAUSAGE 4
3 SHRIMP 6
EXTRA PORTION SEAFOOD 9

DINNER

Ciao

In Italian "Pasto" means meal. At Pasto's Grill, we take special care in providing our guests with a flavourful, healthy and authentic Italian dining experience. Our menu items are individually made to order using the freshest farm-to-table ingredients. We hope to continue to surprise and delight you the more you return and explore our menu.

Bon Appetito!

PASTA

GLUTEN-FREE PASTA 3

SPAGHETTI BOLOGNESE
with meat sauce 20 with meatballs 25

SAUSAGE PENNE ARRABBIATA spicy Italian sausage, peppers and smoked mozzarella in a tomato-basil sauce 🌶️🌶️ 24

BRAISED BEEF BOSCAIOLA wild mushrooms, caramelized shallots, bowtie pasta 26

CHICKEN AND SAUSAGE PENNE Italian sausage, grilled chicken, roasted red peppers, tomato-basil rosé sauce 🌶️🌶️ 26

CHICKEN PENNE roasted red peppers, tomato-basil rosé sauce 24

CHICKEN DIAVOLO bowtie pasta, spicy roasted red pepper and tomato cream sauce 🌶️🌶️ 24

FETTUCCINE ALFREDO grilled chicken, mushrooms and broccoli in a Parmesan cream sauce 24

PASTA CARBONARA penne pasta tossed with peas, bacon and grilled chicken in a Parmesan cream sauce 24

GARDEN PENNE asparagus, broccoli, sun-dried tomatoes, artichoke hearts, mushrooms and red peppers in a pesto cream sauce 24

BUTTERNUT SQUASH RAVIOLI in a chipotle cream sauce with fresh spinach 🌶️ 24

SHRIMP DIAVOLO penne pasta, garlic shrimp, red peppers, spinach, spicy tomato-rosé sauce 🌶️🌶️ 26

SEAFOOD LINGUINE shrimp, scallops and clams with spinach and diced tomatoes in a lobster cream sauce 28

PORTOFINO linguini, mussels, shrimp, scallops, clams in a tomato wine sauce 29

CHICKEN PARMIGIANA grilled chicken breast topped with fresh tomato sauce, Parmesan and smoked mozzarella cheese, served over linguine 28

GNOCCHI in a shallot, gorgonzola cream sauce with diced tomatoes and Parmesan cheese 24

HAND-MADE, THIN CRUST PIZZA & PANZEROTTI

CAULIFLOWER PIZZA CRUST 3.50
EXTRA TOPPINGS 2.50

MARGHERITA tomato sauce, mozzarella, fresh basil 17

PEPPERONI tomato sauce, mozzarella 18

POLLO tomato sauce, grilled chicken, roasted red peppers, mozzarella 20

SAN MICHELLE pesto, garlic, sliced tomato, grilled chicken, spinach, goat cheese, mozzarella 21

SANTA SUZANNA white sauce, prosciutto, pears, almonds, garlic, chili flakes, goat cheese, mozzarella, drizzled with honey 🍯 23

CLASSIC tomato sauce, pepperoni, mushroom, fresh peppers, mozzarella 20

CARNIVORE spicy tomato sauce, Italian sausage, pepperoni, bacon, mozzarella 🌶️ 22

SORRENTI tomato sauce, Italian sausage, roasted red peppers, goat cheese, mozzarella 🌶️ 22

QUATTRO STAGIONI tomato sauce, prosciutto, artichoke hearts, Kalamata olives, roasted red peppers, basil, mozzarella 23

THE OVEN & GRILL

served with seasonal vegetables, mash potato substitute for sweet potato fries with garlic aioli 3.50

FILET MIGNON 8oz AAA Alberta beef tenderloin served with a cognac reduction 49

TUSCAN RIB-EYE 10 oz AAA Alberta rib-eye served with a cognac-peppercorn and wild mushroom reduction 44

STEAK FRITES 10 oz AAA Alberta NY strip served with crispy fries 39

RIBS half rack of baby back ribs with a spicy honey-garlic chili glaze 🌶️ 34

HERB-ROASTED CHICKEN SUPREME white wine Dijon cream sauce 29

FILET OF SALMON oven baked with creamy Dijon dill sauce 30

FOR OUR VEGAN GUESTS

HOUSE MADE PLANT BASED MEATBALLS mushrooms, chick pea and soy crumb, tender, gluten free pasta, vegan tomato sauce 26

VEGAN PIZZA tomato sauce, artichokes, tomatoes, roasted peppers, roasted zucchini, eggplant, mushrooms and vegan cheese Vegan crust, Gluten Free or Regular crust 26

18% GRATUITY ADDED TO GROUPS OF 8 OR MORE