



ANTIPASTI & SALADS

FRESH BAKED BAGUETTE
with house-made garlic butter - half 6 full 9

GARLIC BREAD 9

GARLIC BREAD
WITH MOZZARELLA 12

BRUSCHETTA toasted garlic crostini,
tomato bruschetta topping, Parmesan cheese,
balsamic reduction 12

WONTON SHRIMP flash fried and served
with house sweet chili dipping sauce 12

HOUSE SALAD mixed greens, tomato,
cucumber, shredded carrot, house vinaigrette 12

CAESAR SALAD bacon, herb croutons
grated Parmesan 12

GREEK SALAD mixed greens,
Kalamata olives, tomato, cucumber, red onions
feta cheese, red wine vinaigrette 14

PEAR SALAD field greens, red peppers,
premium blue cheese, caramelized pecans
and fresh pear slices with Champagne
vinaigrette 18

APPLE CRANBERRY CHICKEN
SALAD grilled chicken, bacon, almonds,
gorgonzola cheese, apples and dried cranberries
over field greens, apricot balsamic vinaigrette 22

SALMON SALAD warm grilled salmon,
baby greens and spinach, avocado, red pepper,
cucumber, red onion with house vinaigrette 24

STEAK SALAD
Steak, field greens, cherry tomato, cucumber,
avocado, red onions, tortilla chips, charred
jalapeno, cilantro vinaigrette 22

FOR OUR VEGAN GUESTS

HOUSE MADE PLANT BASED
MEATBALLS mushrooms, chick pea and
soy crumb, tender, gluten free pasta, vegan
tomato sauce 26

VEGAN PIZZA tomato sauce, artichokes,
tomatoes, roasted peppers, roasted zucchini,
eggplant, mushrooms and vegan cheese

Vegan crust, Gluten Free or Regular crust 26

SIDE OF GARLIC AIOLI OR
MARINARA SAUCE 3

ADD TO ANY PASTA OR SALAD
GRILLED
CHICKEN 6
SALMON 7
SAUSAGE 4
3 SHRIMP 6
EXTRA PORTION SEAFOOD 9

LUNCH

Ciao

In Italian "Pasto" means meal. At Pasto's Grill, we take special care in providing our guests with a flavourful, healthy and authentic Italian dining experience. Our menu items are individually made to order using the freshest farm-to-table ingredients. We hope to continue to surprise and delight you the more you return and explore our menu.

Bon Appetito!

PASTA

GLUTEN-FREE PASTA 3

SPAGHETTI BOLOGNESE
with meat sauce 20 with meatballs 25

SAUSAGE PENNE ARRABBIATA
peppers and smoked mozzarella in a tomato-
basil sauce 🌶️🌶️ 24

BRAISED BEEF BOSCAIOLA
wild mushrooms, caramelized shallots,
bowtie pasta 26

CHICKEN AND SAUSAGE PENNE
roasted red peppers, tomato-basil rosé sauce
🌶️🌶️ 26

CHICKEN PENNE roasted red peppers,
tomato-basil rosé sauce 24

CHICKEN DIAVOLO bowtie pasta,
spicy roasted red pepper and tomato cream
sauce 🌶️🌶️ 24

FETTUCCINE ALFREDO grilled
chicken, mushrooms and broccoli in a
Parmesan cream sauce 24

GARDEN PENNE asparagus, broccoli,
sun-dried tomatoes, artichoke hearts,
mushrooms and red peppers in a pesto cream
sauce 24

BUTTERNUT SQUASH RAVIOLI
in a chipotle cream sauce with fresh spinach
🌶️ 24

SEAFOOD LINGUINE shrimp, scallops
and clams with spinach and diced tomatoes
in a lobster cream sauce 28

HANDMADE, THIN CRUST PIZZA & PANZEROTTI

CAULIFLOWER PIZZA CRUST 3.50
EXTRA TOPPINGS 2.50

MARGHERITA tomato sauce, mozzarella,
fresh basil 17

PEPPERONI tomato sauce, mozzarella 18

POLLO tomato sauce, grilled chicken,
roasted red peppers, mozzarella 20

SAN MICHELLE pesto, garlic, sliced
tomato, grilled chicken, spinach, goat cheese,
mozzarella 21

SANTA SUZANNA white sauce, prosciutto,
pears, almonds, garlic, chili flakes, goat cheese,
mozzarella, drizzled with honey 🌿 23

CLASSIC tomato sauce, pepperoni,
mushroom, fresh peppers, mozzarella 20

CARNIVORE spicy tomato sauce,
Italian sausage, pepperoni, bacon,
mozzarella 🌶️ 22

SORRENTI tomato sauce, Italian
sausage, roasted red peppers, goat cheese,
mozzarella 🌿 22

QUATTRO STAGIONE tomato sauce,
prosciutto, artichoke hearts, Kalamata olives,
roasted red peppers, basil, mozzarella 23

SANDWICHES

SERVED WITH YOUR CHOICE OF
SOUP, GARDEN OR CAESAR SALAD,
OR FRIES

SUBSTITUTE FOR SWEET POTATO FRIES
WITH GARLIC AIOLI 3.50

CHICKEN CLUB grilled chicken, bacon,
lettuce, tomato and aioli 18

PARMESAN CHICKEN SANDWICH
sauteéd mushrooms, onions, bell and
jalapeno peppers, tomato sauce,
provolone cheese 18

OVEN-ROASTED TURKEY breast,
tomato, lettuce, cheese, citrus cranberry
chutney 18

STEAK AAA Alberta rib-eye, caramelized
onions, sautéed mushrooms, provolone
cheese and horseradish aioli 20

6 OZ ALL-BEEF BACON
CHEESE BISTRO BURGER 18

ROASTED VEGETABLE portobello
mushroom, roasted red pepper, eggplant,
zucchini, goat cheese, balsamic drizzle 18

18% GRATUITY ADDED TO GROUPS
OF 8 OR MORE

FOOD ALLERGIES:

KINDLY ADVISE OUR STAFF IF YOU
HAVE ANY FOOD ALLERGIES –
WE WILL DO OUR BEST
TO ACCOMMODATE